

Bread/Loaf

# Vaasan Alp Wheat-Oat Loaf 6x400g

Product code: 200123



White wheat bread with oat flakes and seeds.

## Thaw & Bake

Thaw at room temperature for 1 h or overnight in the fridge. Bake at 190°C for 13–15 min. Steam can be used in the beginning of baking.

<b>EAN</b>	06408180733277
<b>Weight pr. piece</b>	400 g
<b>Pieces pr. carton</b>	6
<b>Cartons pr. pallet</b>	36
<b>Shelf life:</b>	300 days
<b>Storage:</b>	Storage at -18°C or colder.
<b>Country of origin:</b>	EE

## Nutritional information pr. 100 g.

Energy	1223kJ
Kcal	290kcal
Fat	6.2g
- of which saturates	0.6g
Carbohydrate	46g
- of which sugars	1g
Fibre	5.3g
Protein	9.7g
Salt	1g
Lactose	0%

## Ingredients

WHEAT flour (WHEAT: EU), water, seeds 6% (sunflower seed, linseed), OAT flakes 5% (EU), yeast, rapeseed oil, iodized salt, flour treatment agent (E300). May contain traces of walnut.

