

Bread/Rye Bread

# VAASAN Rengin Rye Bread

## 15x310g inc. Paper bags

Product code: 200124



Rye bread with ready marked portions, baked with 100 % rye and with authentic rye sour dough.

### Thaw & Bake

Thaw at room temperature for 1 h or overnight in the fridge. You can also bake at 190°C for 13-15 min. Steam can be used in the beginning of baking.

### Ingredients

RYE sourdough (water, wholegrain RYE flour), wholegrain RYE flour, water, sifted RYE flour, iodised salt, yeast, psyllium. 100% of cereal based raw material is rye (Finland) and product contains 71% rye. 86% of cereal based raw material is wholegrain rye and product contains 61% wholegrain rye.

<b>EAN</b>	6416577600378
<b>Weight pr. piece</b>	310 g
<b>Pieces pr. carton</b>	15
<b>Cartons pr. pallet</b>	32
<b>Shelf life:</b>	300 days
<b>Storage:</b>	Storage at -18°C or colder
<b>Country of origin:</b>	FI

### Nutritional information pr. 100 g.

Energy	958kJ
Kcal	227kcal
Fat	1.6g
- of which saturates	0.2g
Carbohydrate	41g
- of which sugars	0.7g
Fibre	12g
Protein	6.2g
Salt	1.1g
Sodium	0.44g
Lactose	0%

