



Pastry & Sweet treats/Soft Dough



Bonjour Semla Sweet Wheat Roll

154x65 SG

Product code: 3240

Smooth bun with cardamom filling in the dough.

Raw dough

Defrost overnight in the fridge (2–4°C) or in room temperature for 60 min. Place the products in proofing cabin for 60 min. Bake at 180 °C for 9–11 min. NOTE! Baking times and temperatures are guidelines depending on the oven. Baked product weighs about 55 g.

Ingredients

WHEAT flour, water, sugar, vegetable oil (palm, rapeseed), yeast, WHEAT GLUTEN, emulsifiers (E471, E472e), salt, cardamom, flour treatment agent (E300), flavouring. May contain traces of milk, walnut.

EAN	7391288324002
Weight pr. piece	65 g
Pieces pr. carton	154
Cartons pr. pallet	45
Shelf life:	252 days
Storage:	Storage at –18°C or colder.
Country of origin:	EE

Nutritional information pr. 100 g.

Energy	1286kJ
Kcal	305kcal
Fat	7.3g
- of which saturates	2.9g
Carbohydrate	49g
- of which sugars	6.3g
Fibre	3.1g
Protein	9.3g
Salt	0.48g
Sodium	0.192g



See more details, inspiration and recipes online:
<https://www.lantmannen-unibake.com/Products/pastry/soft-dough-products/bonjour-sem-la-sweet-wheat-roll-154x65-sg/>