



Pastry & Sweet treats/Soft Dough

# Cardamom shell

Product code: 3218



Soft and tasty wheaten shell with cardamom filling.

## Raw dough

Defrost overnight in the fridge (ca 2°C) or in room temperature for 60 min (35–37 °C, ca 70% moisture). Place the products in proofing cabin for 60 min. Bake at 200 °C for 8–12 min.

## Ingredients

WHEAT flour, water, sugar, vegetable oil (palm, rapeseed), yeast, apricot kernel, salt, cardamom, modified potato starch, emulsifiers (vegetable E471, E472e), WHEAT GLUTEN, ALMOND, glucose syrup, enzymes, flour treatment agent (E300), flavouring, acidity regulator (E330). May contain traces of milk, egg.

<b>EAN</b>	17391288321803
<b>Weight pr. piece</b>	100 g
<b>Pieces pr. carton</b>	100
<b>Cartons pr. pallet</b>	45
<b>Shelf life:</b>	365 days
<b>Storage:</b>	Storage at -18°C or colder.
<b>Country of origin:</b>	EE

## Nutritional information pr. 100 g.

Energy	1263kJ
Kcal	300kcal
Fat	7.1g
- of which saturates	2.6g
Carbohydrate	50g
- of which sugars	13g
Fibre	2.8g
Protein	7.5g
Salt	0.44g



See more details, inspiration and recipes online:  
<https://www.lantmannen-unibake.com/Products/pastry/soft-dough-products/mummasnacka/>