



# Rolls with sunflower seeds, precut

Product code: 30406518

Rolls with Sunflower Seeds are precut and baked with wholegrain wheat flour, sunflower seeds and wheat kernels and sprinkled with oat flakes. Sunflower seeds and oat flakes give the rolls their characteristic taste and, in combination with the wheat kernels, they provide a good deal of chewiness. These Rolls with Sunflower Seeds, which bear the Nordic Keyhole symbol, are coarse without being heavy.

## Thaw & Serve

Thaw the product on a baking sheet at room temperature for approx. 1 hour or in a plastic bag overnight in the refrigerator. The products are then ready for serving. Can be baked max. 5 min at 190 ° C in air oven.

## Ingredients

**Wheat** flour, water, wholemeal **wheat** flour 17%, sunflower seeds 5%, **oat** flakes 4,5%, **wheat** kernels 4%, sugar, rapeseed oil, iodised salt, yeast, emulsifier (vegetable E471 and E472e), **wheat** malt flour, flour treatment agent (E300). May contain traces of sesame seeds.

<b>EAN</b>	5701014027629
<b>Weight pr. piece</b>	130 g
<b>Pieces pr. carton</b>	36
<b>Cartons pr. pallet</b>	20
<b>Shelf life:</b>	12 months
<b>Storage:</b>	At -18°C or colder. Do not re-freeze after defrosting.
<b>Country of origin:</b>	DK

## Nutritional information pr. 100 g.

Energy	1448kJ
Kcal	344kcal
Fat	6.6g
- of which saturates	1g
Carbohydrate	55g
- of which sugars	3.7g
Fibre	5.7g
Protein	11g
Salt	0.96g

