



Bread/Loaf

# Alpebrød Twist

Product code: 134447



Twisted multigrain bread

Thaw & Bake

230 C 4-6 minutes

**EAN**

7020712016291

**Pieces pr. carton**

16

**Shelf life:**

365 days

**Storage:**

-18 - 30

**Country of origin:**

LT

Nutritional information pr. 100 g.

Energy	1152kJ
Kcal	273kcal
Fat	5.4g
- of which saturates	0.82g
Carbohydrate	44.3g
- of which sugars	1.2g
Fibre	5.28g
Protein	9.2g
Salt	0.65g
Sodium	0.26g

## Ingredients

WHEAT flour, water, RYE sourdough (water, RYE flour), OATMEAL 3,8%, SESAME seed 3,5%, flax-seeds 3,2%, RYE flour, sunflower seeds 2,7%, broken RYE 1,8 %, WHEAT grits 1,2%, yeast, iodised salt, millet grains 1,1%, WHEAT bran 0,9 %,WHEAT fiber, WHEATt malt flour, acerola extract, thickener E412.

