



Bread/Roll

Rolls with pumpkin seeds

Product code: 50000050



The rolls with pumpkin seeds are baked in a stone oven and contain wholegrain wheat flour, pumpkin seeds and malt to give the rolls a deep, dark colour that looks fantastic against the sprinkling of pumpkin seeds. The high fibre content of the buns means that they bear the Nordic Keyhole symbol.

Bake frozen

Bake directly from frozen for 11 minutes at 190°C (air oven)

Ingredients

Wheat

flour, water, wholemeal

wheat

flour 22%, pumpkin seeds 5,5%,

wheat

fibre,

wheat

gluten, dried sour dough (fermented)

EAN 5701014047948
Weight pr. piece 85 g
Pieces pr. carton 40
Cartons pr. pallet 32
Shelf life: 12 months
Storage: At -18°C or colder. Do not re-freeze after defrosting.
Country of origin: DK

Nutritional information pr. 100 g.

Energy	1045kJ
Kcal	248kcal
Fat	4g
- of which saturates	1g
Carbohydrate	40g
- of which sugars	2g
Fibre	6.1g
Protein	9.9g
Salt	0.92g

