



Bread/Roll

# Wholegrain Roll

Product code: 80164



Our Wholegrain Roll is baked from wholegrain **wheat flour, rye flakes, sesame and flax seeds** – in the classic square shape with a thin, crisp crust and silky crumb. The Wholegrain Rolls bear the Nordic Keyhole symbol. One carton contains 2 bags with 20 pieces in each bag.

Bake frozen

Bake directly from frozen for 11 minutes at 190°C (air oven)

## Ingredients

**Wheat** flour, water, whole **wheat** flour 15%, **rye** flakes 5%, **Sesame** seeds 3%, **oat** flakes 2,5%, **wheat** gluten, linseed 1,5%, sugar, iodized salt, yeast, rapeseed oil, sifted **rye** flour, emulsifier (vegetable E472e), **wheat** malt flour, flour treatment agent (E300), **barley** malt flour, thickener (E412).

**EAN** 5701536801646  
**Weight pr. piece** 81 g  
**Pieces pr. carton** 40  
**Cartons pr. pallet** 32  
**Shelf life:** 12 month  
**Storage:** At -18°C or colder. Do not re-freeze after defrosting.  
**Country of origin:** DK

## Nutritional information pr. 100 g.

Energy	1091kJ
Kcal	258kcal
Fat	4g
- of which saturates	0.7g
Carbohydrate	43g
- of which sugars	2g
Fibre	5.2g
Protein	10g
Salt	0.91g



See more details, inspiration and recipes online:  
<https://www.lantmannen-unibake.com/Schulstad-Bakery-Solutions/Products/bread2/Rolls/wholegrain-roll2/>