



Bread/Rye Bread

# Organic Rye Bread Multigrain

Product code: 71700520



Organic Rye Bread Multigrain is a dark rye bread that not only tastes of pumpkin, sunflower and flax seeds. The many different seeds also produce an attractive loaf. This moist bread is also ideal for sandwiches.

## Thaw & Bake

Thaw the products covered with plastic or in a plastic bag for min. 12 hours at room temperature. Bake for 25 minutes at 160°C. Let the bread cool about 2 hours before slicing. Shelf life before baking (Covered): Max. 2 days in the fridge, or 1 day at room temperature.

## Ingredients

Water, organic sour dough 22% (organic whole grain **rye** flour 13%, water, organic **barley** malt flour, organic sour dough culture), organic sifted **rye** flour 15%, organic **rye** kernels 12%, organic pumpkin seeds 8.5%, organic sunflower seeds 7.5%, organic linseeds 6%, organic **bread** crumbs (ingredients as in this bread), organic **barley** malt extract, iodised salt, organic sunflower oil, yeast, organic **barley** malt flour.

<b>EAN</b>	5701014031329
<b>Weight pr. piece</b>	790 g
<b>Pieces pr. carton</b>	12
<b>Cartons pr. pallet</b>	24
<b>Shelf life:</b>	12 months
<b>Storage:</b>	At -18°C or colder. Do not re-freeze after defrosting.
<b>Country of origin:</b>	DK

## Nutritional information pr. 100 g.

Energy	1084kJ
Kcal	259kcal
Fat	11g
- of which saturates	1.6g
Carbohydrate	26g
- of which sugars	2g
Fibre	9.4g
Protein	9.4g
Salt	1.4g
Lactose	0%

